



Communicable Disease Guidelines and Protocols

ASP takes your safety very seriously and strives to minimize the risk of infection of communicable diseases like respiratory viruses (i.e. COVID-19, Flu, RSV) to volunteers, families, staff and community members. To this end, we have devised the following guidelines. All risks cannot be eliminated, and individuals understand they are participating at their own risk.

COMMON SYMPTOMS OF RESPIRATORY VIRUSES:

- Fever or chills
- Cough
- Shortness of or difficulty breathing
- Headache
- Fatigue, muscle/body aches
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea, vomiting or diarrhea

PRESCREENING & PARTICIPATION PREPARATION:

We Care About Your Safety:

- **Volunteers, staff, and homeowners who are sick, exhibiting symptoms, currently diagnosed with COVID-19, Flu or RSV, or have not fully recovered from diagnosis cannot participate with ASP and should remain isolated from others.**
- The ASP environment presents a high risk for the spread of infectious disease. Please plan accordingly and follow the recommendations of your healthcare provider for vaccination and prevention measures, especially if you are at high risk for infection.
- All ASP staff will follow the same procedures as volunteers.
- Homeowners are asked to continually self-screen for respiratory virus related symptoms. If any resident reports symptoms or diagnosis, ASP will suspend work on the home until all residents are fully recovered and the worksite is safe for visitors.

BEHAVIOR GUIDELINES TO PREVENT DISEASE SPREAD

- Monitor and enforce healthy hygiene habits: Wash hands frequently and properly, Use alcohol-based hand sanitizer often, shower daily, etc.
- If needed, cough or sneeze into a tissue or the sleeve of your arm.
- Do not share food, utensils, drinks, etc.
- Minimize touching your face or other people.
- Remember, ASP volunteers are often guests in a community--please show extra sensitivity to limit the likelihood and perception of spreading illness.
- Volunteer delegated chores are important for maintaining a clean and safe environment for all. Please ensure that chores are completed diligently every day.

PERSON-TO PERSON INTERACTION AT ASP

MASKS

- Masks are OPTIONAL for all participants unless:
 - A homeowner requests masks while working in their home.
- Volunteers should be prepared to provide their own CDC approved cloth or disposable masks.

PERSONAL SPACE

- Remain aware that individual comfort levels may vary regarding personal boundaries. Please be respectful and limit close contact with others.
- **ALWAYS obtain permission** for physical touch or hugging.

SLEEPING ARRANGEMENTS

- Please be aware that the sleeping rooms at ASP are communal and there may be any number of individuals in a shared space. Volunteers should arrange beds to allow the most amount of space (and at least 6') between the faces of sleeping individuals.

ON SITE/PROJECT PLANNING

- Staff will communicate communicable disease protocols, expectations, and procedures to homeowners.
- Interaction with all homeowners should minimize the risk of spread of infection. Homes will receive a classification based on risk or comfort level of the homeowner and communicate with the volunteers accordingly. A temporary will be communicated at the start of the project. Follow the procedures below based on the classification given to their assigned home:

Yellow Classification	The family has requested masks be worn in the home. Masks <u>must</u> be worn indoors and whenever 6' distance cannot be maintained with family members.
Red Classification	This family is at high risk for infection OR has requested volunteers do not enter the home. Volunteers <u>may NOT enter this home</u> , should maintain 6' distance from family members, and socialize outdoors.

- Volunteers should plan to equip their first-aid kits with thermometers, antibacterial wipes, hand sanitizer and face masks in case they are needed.
- Work scopes should be planned to have a “good stopping point” EACH DAY in case a group is unable to return for any reason.

IN CASE OF SYMPTOMS OR INFECTION OF A RESPIRATORY VIRUS

- If an individual tests positive or suspects infection for COVID-19, FLU, or RSV, they must isolate from others until they are fever free for 24hrs and experiencing reduced symptoms.
- If space is available at the center, isolation can take place on site. If not, off-campus arrangements for isolation and recovery will need to be made by the Trip Coordinators as soon as possible.
- If the patient is under 18, a **parent or guardian must be notified** of their condition and updated on response procedures.

ENDING ISOLATION/ “FULLY RECOVERED”:

- Isolation may be ended if symptoms are improving (or never developed) and if the individual has been fever-free for 24 hours (without the use of fever-reducing medication).

DISINFECT:

AFTER ANY CONFIRMED OR SUSPECTED CASE

- Close off areas used by a sick person and do not use until the area has been cleaned and disinfected by a person wearing appropriate PPE.

ISOLATION:

TRIP COORDINATOR RESPONSIBILITIES

- Communicate these guidelines to volunteers and reach out to ASP if you have any questions.
- Create a plan of action if a member of your group needs to isolate. It will be the responsibility of each group to safely transport and care for an affected individual.

COMMUNICATION

- Due to the evolving nature of these viruses, these procedures are subject to change depending on the circumstances at each center or among changing recommendations from the CDC and/or local or state Health officials.
- Field staff will communicate with Trip Coordinators via phone and/or email about any additional or unique procedures/considerations for their specific center.
- Please bring any concerns to the staff so we can address issues quickly and maximize safety.